

The Briefly

March 2011

The monthly newsletter for the community of
Grace St. Paul's Episcopal Church
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Rector's Message

Many of the ceremonies and rites from our Christian tradition are adopted into the secular world without people thinking much about their religious origins. Christmas and Easter, of course, have taken on lives of their own outside the context of the church. Other examples are Halloween and *Dia de los Muertos*, which grew from our Christian celebration of the Eve of all Hallows and All Saints Day.

The secular world obviously has no problem adopting a religious holiday... with one large caveat. It must be fun and celebratory. Christmas is fine, but we'll skip Advent, thank you very much. The ultimate example comes this month. Everybody wants to celebrate *Mardi Gras*, French for Fat Tuesday. Everybody is ready to have another party. But no one seems to remember that *Mardi Gras* or Carnival is supposed to be the last fling before the disciplined season of Lent. The headline on the *MardiGras.com* website shows how we have forgotten what the celebration is all about. It says, "Every Day is *Mardi Gras*!"

God calls us to be
always mindful of our sin,
but also yearns for us
to live in abundance.

Well, no, everyday is not *Mardi Gras*. Ash Wednesday is supposed to come the next day, when we are asked to remember that life is more than just a party. Unfortunately, I think that our religious institutions have attempted to over compensate for the secular world's lack of balance. It seems that since the world wants to forget about the penitential side of life, many churches feel like this is their job. So many churches seem to do nothing but stress humanity's sinfulness and become places where people feel like they are supposed to always be solemn and mournful. It's the reason that many turn away from religious life. George Carlin captured this image for us in describing why he left the Roman Catholic church. "It seems that they were always pushing for pain, and I was always pulling for pleasure!"

Perhaps our western religions have much to learn from our eastern religious friends on this issue, especially the Taoists. If religion offers nothing but penitence and suffering, it is making the same mistake as a secular world that offers only party and celebration. As humans, we are called to be and live both, and a religion that offers only one is misunderstanding the nature of

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The Tucson Water Festival is a series of events that integrates arts, science and culture to raise awareness, promote stewardship, inspire ideas, and foster creative expression about our water future. See Page 3.

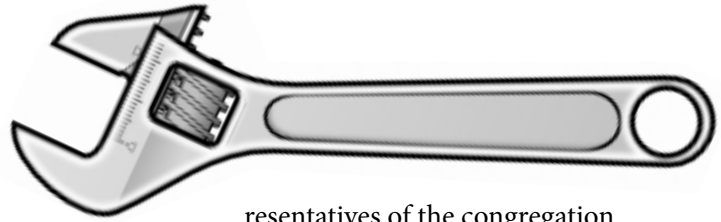
Some Installation Required: Welcoming the

Rev. Steve Keplinger

Starting at 2 p.m. on Saturday, April 2, Bishop Kirk Smith and the GSP congregation will celebrate the new ministry of the Rev. Steve Keplinger at Grace St. Paul's, in a tradition that is called an "installation ceremony."

Despite the mechanical sound of the name, an installation ceremony is actually deeply personal and spiritual festival in which a parish welcomes their new rector. In fact, the term "installation ceremony" does not actually appear in *The Book of Common Prayer*; instead, the ceremony is called "Celebration of a New Ministry," the details of which can be found on page 559.

Perhaps the reason it is called an "installation" is because, during the ceremony, rep-



resentatives of the congregation present the priest with symbolic "tools" which are used in the ministry of serving as rector of a church. Some of the tools presented might include a Bible, water, a stole, a book of prayers, oil, keys to the church, the Canons and the Constitution, and bread and wine.

Regardless of what the ceremony is actually called, we at Grace St. Paul's will enthusiastically and officially welcome Fr. Steve to his ministry in this parish on April 2. Chris LaBour and Tricia Galvin are coordinating the reception, which will be an afternoon tea theme: welcoming, abundant, and fun. Please join us for this festive occasion!

—Martha P.L. Whitaker,
Senior Warden

Briefly Deadline & Editors' Announcement

It must take a village to replace Martha Whitaker as editor of *The Briefly*, because three of us—Lynda Canfield, Craig Garver, and Wendy Pipentacos—are trying our darnedest to do it! As you may imagine, the system for article submission has changed. If you are unsure as to which of the three of us your submission goes to, just email the lead editor, Lynda Canfield, at real_canfield@yahoo.com and we will figure it out.

The next deadline for the *Briefly* is **Tuesday, March 22**, for the April issue. Any commonly used word processing format is acceptable, but Craig says it's easiest if you simply paste the article into the body of your email. If you do not have access to a computer, please call the parish office and ask if there is a volunteer who can help you type it into an electronic file.

Rector's Message

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a God who calls us to be always mindful of our sin so that we may improve, but who also yearns for us to live in abundance.

That's why here at Grace St. Paul's, we celebrate *Mardi Gras* or Shrove Tuesday fully and completely. This year we will have New Orleans-style music and greet you with beaded necklaces. But as the evening closes, we will remember what comes the next day. We will gather around a big bonfire in pep

rally style. There we will burn the palms we handed out last Palm Sunday. It will be the ashes from those palms that we will use to mark your foreheads the following night on Ash Wednesday. There cannot be one without the other. Together, we will celebrate; and together we will begin our preparation for Lent. So plan on being with us both Tuesday, March 8 and Wednesday, March 9. Life in God is all about balance.

Shalom,
Steve+

A Synergistic Water Festival

The Second Annual Tucson Synergistic Water Festival, organized by the Tucson Arts Brigade, is a series of events that integrates arts, science and culture to raise awareness, promote stewardship, inspire ideas, and foster creative expression about our water future. Part of the festival includes an event called “In Search of Living Waters,” which will take place at the Sabino

Canyon visitor center at 5900 N. Sabino Canyon Rd. in northeast Tucson, from noon to 3 p.m. on Sunday, April 3.

“In Search of Living Waters” is a cross-cultural, interfaith water ritual with flowing river water, water blessings from many spiritual practices, creative movement and writing workshops, hiking, and more! This year, a member of GSP’s clergy will be represented among the leaders of the many faith traditions at the event. Each representative offers a description of how water is used in their respective sacred rituals within their faith tradition, and may offer a blessing of the water at that time. Last year, religious leaders from Christian, Jewish, Muslim and Buddhist faith traditions spoke. A reading from the works of Dr. Masaru Emoto and a Native American song by the Thirteen Indigenous Grandmothers were also presented. For more information and a schedule of other Water Festival events, visit www.waterfestivaltucson.org.

The Water Festival is a production of the Tucson Arts Brigade. There is a \$5 to \$10 suggested donation for the “In Search of Living Waters” event. The parking/car fee is \$5, with carpools available and a shuttle service for those who cannot walk.

—Martha Whitaker

“Oshun” © Michael B. Schwartz, Tucson Arts Brigade



The Tucson Festival of Books

By Lynda Canfield

Between the travails of Jan. 8 in Tucson and other tough issues that have affected the state of Arizona as a whole this past year, it has been a bit of a rough go. Therefore, I all the more enthusiastically announce an event that is about to put all that in the shade. Not only is the third annual Tucson Festival of Books coming up in less than three weeks, but this event shines a brilliant spotlight on our city!

One of the best and most well attended festivals of books in the country, the Tucson celebration of reading and literacy ranks as the fourth largest in the United States. Founded in 2009 with an amazing first year response of about 150 booths and over 50,000 in attendance, the festival mushroomed last year with 250 booths and 80,000 enthusiastic attendees. Organizers are predicting the 2011 event will bring together approximately 100,000 readers

and writers.

Our own Elizabeth Campbell, former administrator at GSP and current executive director of Reading Seed Children’s Literacy Program, reminds us that the festival is “not just a beautiful setting” providing fun, food, and literary frolic for thousands. It has become a charitable phenomenon, “enriching literacy efforts ’round the campus” for its primary sponsor, the University of Arizona. In fact, in 2010 the festival donated over \$150,000 to literacy campaigns and organizations.

Food? Did someone see the word food in the previous paragraph? Yes! And not just food. Great food! I know because I was one of the happy festival goers eating my way through the food court last year. This year will see the return of Tucson favorites Beyond Bread, Choice Greens, Zivaz, Brush Fire BBQ, and Create

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Notes from the Choir Stalls

By Christina Jarvis, Director of Music



I'm going to have to find something else to do for Lent this year. I always give up sweets and complain about it for six weeks, but a strange thing happened last year. Easter came

around and I snaffled sweeties at coffee hour and then, meh, sugar didn't appeal. In the past year I've eaten a fraction of what I used to. One shouldn't give up something one can take or leave, otherwise it isn't proper deprivation. Perhaps I'll take up bungee jumping as a Lenten discipline instead. Is blind terror good for the soul? Or I could do something sane, like give to charity.

I've been terribly disciplined about Lenten musical programming. I scare myself sometimes. Will you be shocked if I tell you we're doing a mix of styles and centuries? We're having more early music than usual, though – it's a good Lenten thing to do. You'll hear works by English composers Thomas Morley and Henry Purcell, and Spanish composer Cristóbal de Morales.

Morley's "I am the Resurrection and the Life" (for Lent 5) is from his funeral sentences for Queen Elizabeth I. Purcell composed "Thou knowest, Lord, the secrets of our hearts" (for Ash Wednesday) to replace a lost section of Morley's funeral sentences for use at the funeral of Queen Mary II. Morales was an irritable perfectionist who drove people nuts, but his music spread throughout Europe and the Nueva España. It resonates with the profound religious mysticism characteristic of sixteenth century Spain, as in the piece, "Vigilate et orate" for Palm Sunday.

We will also sing an *Agnus Dei* by W.A. Mozart (on Lent 1), written when he was sixteen. Sixteen! So, how adequate are you feeling right now? Same here. For Lent 2, we are singing "Credo", a work by contemporary American composer Jane Marshall (if you want to call something published in 1974 contemporary). The text is from an inscription found in a cellar, a Jewish hiding place in WWII Köln, Germany, interwoven with words from Mark 9:24: "I believe; help thou my unbelief." In a world of many blessings but also of great pain and injustice, we need to keep believing and acting to make it right.

In order for the choir to prepare for Holy Week and Easter, soloists will occasionally sing for communion. If all goes according to my devices and desires, Minda Dettman and Valerie Dugie will participate this Lent. Ann Stephens and Bruce Anderson are scheduled to do the "Pie Jesu" from the Duruflé *Requiem*. More funeral music—how Lenten. But there must be death before resurrection. The problem, as many have said, is that we all want to go to heaven but nobody wants to die. We don't have an option there (well, we do about the heaven part), so we'd best take a hard look at ourselves and our relationship to God and muddle along as best we can. We've got the musical accompaniment for it. On that cheery note, have a blessed Lent!

Peace,
Christina

Marking the Season

On each of the equinox and solstice days of the seasonal calendar, Grace St. Paul's has a special service to mark the day. Our autumnal equinox service marked the day when light and dark were equal. Our winter solstice service was a celebration of the longest night of the year. This month, on March 20, we will mark the vernal equinox as the light returns.

The liturgy will be an outside service and will include a walk on the labyrinth as we have done previously. Included in this walk however, will be a special Lenten stations of the cross. This will not be stations as you remember in your Mother's Episcopal church. They will be of a more contemporary nature, linking us with the suffering of our own time and how we can care for those in need. The rest of the service will be creation-oriented, connecting us with what is going on in the natural world. It is a beautiful mingling of creation with the quiet contemplation of Lent. The service will last about forty minutes.

Our fall and winter services were given two thumbs up from those who participated. Don't miss out on our spring connection. We hope you can join us for this quiet celebration of spring on Sunday, March 20, at 4:21 P.M., the actual moment when we move from winter to spring.

Steve's Liturgy Corner

Lenten Liturgy at Grace St. Paul's

The history of the practice of Lent is a little garbled, but there is an obvious connection with the forty days Jesus spent in the wilderness after he experienced the presence of the Holy Spirit. Jesus leaves society to go and reflect in the desert about what he is to do with the rest of his life. Some self-denial may have resulted from this desert experience, but that does not seem to me the reason Jesus goes there.

Just as Jesus could not have changed the world without first reflecting on his life, I see Lent as the opportunity for all of us to do the same. Yes, we are an action-oriented church, out to serve God's world, but during Lent we need to remember that all meaningful action begins with reflection. Lent for us should be a time to stop merely doing things, and spend some time reflecting on what our action is meant to accomplish. Lent is a time to think about what we have done and contemplate how

we can do it better in the future.

That is the tone that I hope you will hear in our Lenten liturgies. Lent is not a time of self-mortification at Grace St. Paul's, but an opportunity to take part in our own Vision Quest. The activities during Lent here are geared toward giving each of us the chance for reflection and meditation. They help us discern direction in our own lives. Our Lent is modeled after Jesus's time in the desert, as we search together as a church community and as individuals in determining our own life mission and direction.

Not only will you feel and hear this tone in our Sunday services, but also in the other Lenten activities you will read about in this edition. We will have a simple, short Celtic meditation service that is designed to create this meditative space. In addition, our Tuesday evening meditation is a great Lenten discipline. We will have a Lenten movie night with a simple meal. Our celebration of the Vernal Equinox on March 20 will also be Lenten based. All of these are opportunities not to do, but to be, to create a space for your own Vision Quest.

Our hope is that the simplicity of this season will create a fertile ground within you.

Drama at GSP! (The good kind)

Be sure to attend either service on Sunday, March 27, and bring some friends with you. The Spirit Players, the newly-formed church theater group composed of members of the GSP parish, have just begun work on production of the short play, *A Funny Thing Happened on the Way to Jericho*.

The play is a humorous, yet moving, exploration of how Jesus' story of the good Samaritan can impact our lives and those of the Players. It was written by Tom Long, director of *Friends of the Groom*, a national Christian



drama touring company.

The Rev. Robert (Bob) Sandine will direct this first, but hopefully not last, production of *The Spirit Players*. Bob, who is visiting this winter from New Haven, Connecticut, is Minister of the Arts at Trinity Episcopal Church on the Green, and the founder and Director of *The Trinity Players*, a group that specializes in liturgical drama.

The cast will include Nanalee Raphael, James Gooden, Eric Rau, Richard Miya, Mary Fitzgerald, and KiKi Fenik. Cameron Sutton will be the stage manager.

—Robert Sandine



Shrove Tuesday

The GSP Shrove Tuesday celebration is March 8, starting at 6 p.m.

Mark your calendar for a delicious pancake supper and great Dixieland Jazz with Glendon Gross, trumpet; Rob Wright, banjo; Daniel "Sly" Slipetsky, tuba; and Gil Rodriguez, bass. There may be even more joyful noisemakers!

Plan to bring a decadent dessert to share—the richer, the better! Chocolate is always a great choice!

Ash Wednesday Services

This year the season of Lent begins as late as possible in our liturgical calendar. Ash Wednesday, the first day of the forty-day season, is on March 9. We will have three services on Ash Wednesday at 7 a.m., 5:30 p.m. and 7 p.m..

In some ways, Ash Wednesday is an uncomfortable day of the church year. After all, the purpose is to begin a season of repentance and spiritual discipline, as well as to remind each of us of our own mortality. But in a culture obsessed with avoiding death and making believe it does not exist, Ash Wednesday offers all of us the opportunity to remember that death is a natural part of life.

This year, we will begin to prepare for Ash Wednesday the night before. At the end of our *Mardi Gras* and Shrove Tuesday celebration, we will all gather on the labyrinth to have a bonfire. That fire will contain the palms from our Palm Sunday service last year. It will be these ashes that will be used the following day to apply to each of our foreheads.

Come join the celebration Tuesday, March 8, from 6 to 8 p.m. as we chow down on loads of fat before Lent arrives. We will have a live

Jazz band for *Mardi Gras* fun. Hang around for the bonfire at the end of the evening and then choose which Ash Wednesday service is best for you. Our 7 a.m. and 7 p.m. services will be traditional Ash Wednesday services. Traditional is not a word you often hear when speaking of Grace St. Paul's worship, but we really mean traditional. For the one and only time in the entire liturgical year, these will be Prayer Book services. All of us will have the opportunity to balance our Prayer Book and Hymnals in our laps. Consider it a lenten discipline and an educational experience as we honor our historical tradition. The 7 a.m. will be a said service, set in Lenten simplicity. At 7 p.m. will be a full musical service with choir. Our 5:30 p.m. service will be outside in the garden, weather permitting, and it will be geared specifically for children and youth and adults who just can't face cracking open their Prayer Books. Come check out the first liturgy put together by our new children and youth leaders, Rosalind Garcia and The Rev. Kate Baird.

If you would prefer one of the evening services, but do not drive at night, please do not hesitate to contact our parish administrator, KiKi Fenik. We have many who have offered to provide transportation, so we will come pick you up!

SK+

A New Weekly Outdoor Lenten Service

In keeping with our intention at Grace St. Paul's that liturgy reflect theology, a new outdoor service, *A Call to Prayer for Peace and Reconciliation*, will be offered at the Labyrinth on Fridays at 5:30 p.m. throughout Lent: March 11, 18, 25, and April 1, 8, and 15. The twenty-minute service was created by the Society of the Companions of the Holy Cross, an historic community of Episcopal women founded on intercessory prayer, as an adaptation from the *Iona Abbey Worship Book* in response to Archbishop Desmond Tutu's prophesy that reconciliation will be the primary focus of theology in the twenty-first century. The ecumenical service will be paperless except for one reader so as

to minimize distraction and encourage meditation; it will include our own intercessions, silent and spoken, as well as elements from other cultures and faith traditions.

A Call to Prayer will begin on Friday evenings with the rhythmic beat of a Native American drum heard as the heartbeat of God, of the earth, and of ourselves in relation to one another. We will gather at the Labyrinth, medieval symbol of a pathway into God, to form a "sacred round" signifying the image of God's love – the love that has no beginning and no end – and encompasses all directions and all peoples. We will sing Taize chants from the monastic community in France that served as a refuge in World

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Welcome, Rosalind & Rev. Kate!

Grace St. Paul's is beginning a new journey within God's plan, one that will reflect this parish's love for Christ and his compassion for all people. It is a wonderful thing and I am so happy to have played a small part in it. Rosalind brings a wealth of experience with children, youth and families, even adapting Rite 13 and J2A, while Rev. Kate has a great desire to reach the unchurched youth. What a fabulous team!

Some people have asked me why I would want to leave Grace St. Paul's at this exciting time in its history, especially now that Father Steve and the parish have made children and youth a number one priority. It is a good question!

It was Emily Nickerson who first asked me to come to Grace St. Paul's to do a Catechesis presentation for the Sunday School teachers. I did what Emily had asked of me. People were polite, but not too interested, I thought. It was later in that same week that Father Harold called, invited me to lunch and asked would I consider a part time position as your Director of Children's Ministries (the Youth part came later). At that time, I was already helping my sister care for our 95-year-old mom, as well as volunteering at St. Pius Roman Catholic Church, St. Philip's, and St. Andrew Parish in Sierra Vista. It was very hard to say "No" to Father Harold, and utterly impossible to say "No"

to Emily! So I came with the intent of building up the good things that were already in place, changing some things that I thought might be helpful, then returning to St. Philip's when the new priest arrived. I knew that you would need more energy and focus than I could give you in a long range plan. I made it clear to Father Steve, in the welcome letter that I wrote to him, that I was temporary help. He was very gracious, and since he arrived we have worked together since he arrived on achieving a new vision for children and youth in the parish.

The one thing I did not count on was that I would fall in love with all of you! Your loving support and acceptance of all the things that we tried—some that worked well and some that didn't—was exceptional, and I reveled in the children's hugs and hallway discussions with the youth. You have a wonderful core of beautiful children and families and a fabulous team of teachers. It is a wonderful thing and I am so happy to have played a small part in it.

I will be around until June, and then I hope to occasionally do some Catechesis presentations for the children, with Rosalind and Mother Kate's guidance. I will continue to hold Grace St. Paul's and its beautiful people in my prayers and in my heart every day.

—Harriet Claiborne



Big, BIG Children & Youth Ministry News

GSP Welcomes Rosalind Garcia as Director of Children & Youth Ministries, and The Rev. Kate Baird as Priest Associate to Children & Youth Ministries!

We are also blessed with the ongoing organizational skills and ministries of Harriet Claiborne (Director of Children's Ministries) and Wendy Pipentacos (Youth Mentor), who will both work with Rosalind and Mother Kate as they assume their new roles.

GSP's commitment to TIHAN

As one of the founding members of the Tucson Interfaith HIV/AIDS Network (TIHAN), Grace St. Paul's has been heavily involved in the organization for nearly seventeen years. On Feb. 22, at the TIHAN annual meeting, our church was recognized for that commitment with an award for being an outstanding faith community. Fr. Steve and Jean Keplinger were there to proudly accept the award.

GSP has many parishioners who are very active volunteers in TIHAN. Aimee Graves received an award for her service as TIHAN's board president. Our liaison, Jay Elliston, received an award for outstanding AIDS educator, and Craig Garver was recognized as an outstanding fund-raising volunteer.

Our parish's contributions to TIHAN include donating food and preparing a meal for over 140 people at Poz Café each August. In addition, we donate enough toiletries to fill over forty grocery bags to be given away at the event to needy victims of HIV/AIDS.

We also help these victims

each Christmas by gathering new, unwrapped presents for children and adults (which the children give to their parents). In 2010, through Jay's extraordinary efforts, we quadrupled the number of gifts from the previous year.

In January, we stepped in and provided volunteers and gift bags for Poz Café on an emergency basis. Beth Banks, Terry Trujillo, Noreen Henderson, Jay Elliston, and Craig Garver all cooked and served meals, and helped set up and tear down.

In 2011, we're going to raise our commitment to TIHAN even more. We're asking for volunteers to help with a major fund-raising event, *Treasures for TIHAN*. This is a huge auction held every year at the Doubletree Hotel on Alvernon on April 30. We want to show a strong GSP presence with as many volunteers as possible. You don't need any special training, and volunteer positions are available from everything from auctioneers to set up and tear down. It's a very fun experience!

To help out, please contact Jay Elliston at tcsnjay@aol.com or Craig Garver at chg9389@gmail.com or call 979-2527. You'll be glad you did.

Please remember that GSP will host another Poz Café in August, and it's never too early to start bringing in materials to fill those forty grocery bags! Jay will be glad to give you a list of the items we need.

—Jay Elliston & Craig Garver



Grace St. Paul's cash donations enabled Jay Elliston, our TIHAN liaison, to shop for much-needed items to help fill forty bags. In fact, he had to make four different shopping trips to buy it all! Thanks to everyone who made this possible.



When an emergency arose in January, Grace St. Paul's stepped up to help sponsor Poz Café. Our parishioners donated enough toiletries to fill forty bags which were given out to needy HIV/AIDS patients at the event. Thanks to every one of the many donors at GSP! You made a significant difference in the lives of forty wonderful people!

Grace St. Paul's was honored at TIHAN's annual meeting on Feb. 22. From the left, GSP parishioner and TIHAN president Aimee Graves received an award for her service. Fr. Steve and Jean Keplinger accepted an award for Grace St. Paul's as an outstanding faith community. Craig Garver received an award for outstanding volunteer for fundraising, and Jay Elliston, our TIHAN liaison, received an award for outstanding AIDS educator.





**Memorial Service
for Mary Louise
McClelland**

We are sad to announce the death of Mary Louise McClelland, wife of Henry McClelland. A memorial service will be held on Monday, March 7, at 11 a.m. at Grace St. Paul's, with a reception to follow. All are welcome.

We hold Mary Louise's family in our prayers. May her soul and the souls of all the departed, through the compassion of God, rest in peace.

Deaths this year to date:

- Mary ("Maria") Hill
- Richard ("Rick") Steele
- Jan Schmidt
- Gerald ("Gerry") Barton
- Mary Louise McClelland

Baptisms this year to date:

- Jackson Briggs-Nye
- Isacc Ruttan

Tucson Festival of Books

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Café. New vendors will be squeezing fresh lemonade and baking mini-doughnuts. Also rumored to be cheffing up the place: Fat Greek, Pastiche, Tucson Tamale and Frost gelato. Yum! How could anyone stay home?

Why am I telling you all this in the GSP briefly? Because we are there! This year it's not just about Tucson; it's about Grace St. Paul's. We will have a booth putting forth the best face (and books!) of GSP to the entire city. The church festival committee wants every book lover—and we are legion—to know, and to participate. There will be bargains, of course; fun, as usual; and creativity, as expected. Enter a raffle for free books. Buy! Eat! Make Merry!

The "who" is us, the "what" is the 3rd annual Tucson Festival of Books, the "where" is University of Arizona's main mall, the "when" is Saturday and Sunday, March 12 and 13, from 9:30 a.m. to 5:30 p.m., and the "why" is obvious, if you've been paying attention.

Outdoor Lenten Service

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War II, and hear Celtic prayers from the Iona community in Scotland, founded after World War II as an inspired challenge to classism and poverty. We will remember that today Taizé and Iona are thriving ecumenical beacons of hospitality and intercessory prayer for peace and reconciliation, and draw seekers and pilgrims from throughout the world. The end of



Photo by Bruce Nevins. Eric Carle's Very Hungry Caterpillar from the children's area of the 2010 festival.

the service will be marked by the final receding sound of the Buddhist Tibetan bowl as we disperse in silence.

This service is offered as both gift and discipline to others beyond the GSP parish during the Lenten season. Let us extend our hospitality to make it truly a call for peace and reconciliation within our local community, our nation, and the wider world.

—Heather Pentland

Adult Spiritual Formation

Lent is an opportunity to spend time in mindful spiritual growth. We offer many Adult Formation classes to enhance your Lenten journey. Join us in finding new ways to live your faith!

Food Security for Children in Nogales

Sunday, March 6

9-9:45 a.m., Bloom Education Center

Listen to Jeanette Pazos, Director of the *Hogar de Esperanza y Paz* (HEPAC), a Community Center in the Bella Vista Colonia, present an inspiring discussion of the agency's food security and nutrition program for children and families, and of their women's jewelry cooperative. Learn how the Community Center's programs fit with our church's commitment to the first Millennium Development Goal to "eradicate extreme poverty and hunger."

Coordinated by the Grace St. Paul's Bridging Borders Committee.

Identifying and Treating Depression and Other Mental Illnesses

Sunday, March 6

11:45 a.m.-12:45 p.m., Bloom Education Center

This presentation by a representative of the National Alliance for the Mentally Ill in Southern Arizona (NAMISA) will include "Dark Days", a short DVD, and discussion led by two recoverees from mental illness. They will incorporate identifying, treating, and offering therapy for depression in our Tucson Community.

Coordinated by Kay Bigglestone, co-chair of the Community of Hope, and George Leon from NAMISA.

Will We See Our Animal Companions in Heaven?

Sunday, March 13

9-9:45 a.m., Bloom Education Center

"Will I see my pets in heaven?" is a frequently asked question. Some believe we will, others believe we won't, and still others believe that it's a theologically unresolved issue. This class will not provide you with a definite answer, but you're invited to bring an open mind and/or opposing opinions, and add your voice to what should be a lively discussion. It is recommended that participants purchase and read *Will I See My Dog in Heaven?* by Jack Wintz, OFM, available in the Rector's Bookshelf.

Facilitated by The Reverend Nadine Martin, Deacon and Chairperson of the Animals & Spirituality Ministry, and Fred Masterman+, Priest Associate.

Voluntary Simplicity and the Road to Authentic Prosperity

Sunday, March 20 & 27

9-9:45 a.m., Bloom Education Center

There is growing concern over the future of America's middle class after the great Recession. As a Lenten practice, participants will explore whether we can find happiness, grow spiritually, and keep a sense well-being by discovering ways to consume less and live within more limited financial means. It is recommended that participants purchase *Voluntary Simplicity* by Duane Elgin, which will be available at the Rector's bookshelf.

Facilitated by Lynda Canfield, an enthusiastic reader who enjoys discussing new ideas and spirituality.

Gong Bath

Sundays, March 27, May 29

11:45 a.m.-12:45 p.m., Bloom Education Center

"A Meditational Bath of Sound Healing, Where Soul Force Merges with Spirit." The Gong is named after the sound that it makes: It "is" what it "does" which is the prerequisite of being considered a shamanic power tool, likened to the mythic philosopher's stone. Immersing in a Gong Bath brings us out of our normal "awake" brain state, and carries us to a place where transformation and healing can begin. The Gong produces frequencies that induce deep meditation, clarity of mind, and profound intuition. Come join us as we bathe in overtones and journey into positive states of well being. Bring your intentions and an open mind!

Facilitated by Donna Tetreault, musician, sound healer, and member of Grace St. Paul's.



Encounter the Holy through Icon Painting

Saturdays, March 26, April 2 & April 9

1-3 p.m., Bloom Education Center

Are you attracted by the mystery and beauty of sacred icons? If so, you would enjoy this meditative practice. There will be brief background information, then we will create our own icons using the ancient step-by-step art form that continues to speak to us today. There is an approximate cost of \$30 for a book and one painting board. Other materials will be provided. We suggest reading and studying *A Brush with God* by Peter Pearson a few weeks prior to the class. It is available at the Rector's Bookshelf.

Facilitated by Pat Dickson, Alex Kouvel and Eleanor Kohloss—who have begun this journey of painting icons and welcome all interested in learning with us.

Pancakes and Penitentials:

Anglican Lenten Traditions

Sundays, April 3 & 10

9-9:50 a.m., Bloom Education Center

Rejecting solipsistic self-denial, Anglican Lenten practices have long emphasized inner spiritual development through the embrace of community as a means of progress towards God during Lent. A rich vein of Anglican Lenten tradition stretches from the Celtic principle of Anamchara, or soul friend, to the saintly Bishop Thomas Ken of Bath and Wells urging his diocese to welcome Huguenot refugees for the Lent of 1687. Much more than mere remote historical markers, openness to others through mutually supportive spiritual development and the embrace of refugees can be vibrant, living cornerstones to Lent in a progressive Episcopalian community such as ours in Arizona today.

Facilitated by Peter Foley, Ph.D., associate professor of Anglican Studies at the UA and a Grace St. Paul's member.

Adult Education & Spiritual Formation Meeting

(Open to All)

Thursday, April 14

7-8:30 p.m., Weeks Room

Have you ever wondered about or wanted to discuss a special topic in your spiritual life? Alternatively, have you read a book or seen a film that you think would help others grow in their spirituality? Ever wanted to facilitate a class or small study and/or book group? If so, come to the Adult Education planning meeting. Topics and facilitators for the 2011 Summer Schedule (June, July, August) are wanted and needed. The more the merrier! If you would like a class proposal form or have questions contact Chris LaBour (celabour@aol.com) or Chris Ledyard, TSSF, Co-Chairpersons of the Adult Spiritual Formation Ministry, through the church office at 327-6857.

A Good Ol' Bible Study—

from a Progressive Christian Point of View

Monday evenings, April 26, May 2-23

7-8:30 p.m., Bloom Education Center

We will study and discuss our sacred text from a refreshing point of view. Based on Borg's book, *Reading the Bible Again for the First Time*, we look at selected readings from the Hebrew Scripture and the New Testament. From book and class discussions, we will use tradition and biblical scholarship to further develop and enliven our faith. Although not required, it is recommended that participants read Borg's book, available at the Rector's Bookshelf.

Facilitated by Mary Wildner-Bassett, Chris Ledyard and Chris LaBour, who are interested in developing authentic faith, discovering new perspectives on the Bible's usefulness, and sharing their discoveries with others.



Grace St. Paul's

EPISCOPAL CHURCH

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Grace St. Paul's: A Progressive Community—Loving God, Serving Others, Journeying Together

What's Happening at GSP in March

1st 7 p.m., Meditation group
2nd 7 a.m., Holy Eucharist
 9 a.m., Education for Ministry (EfM)
 6 p.m., Global Chant
3rd 6:30 p.m., Education for Ministry (EfM)
 9 a.m., Conversational French Class
 3 p.m., Healing Touch Clinic
 6 p.m., M3M
4th 9:30 a.m., Qigong class
5th 8:30 a.m., Coffee at Epic Café
6th 8 a.m., Holy Eucharist
 9 a.m., Child Care
 9 a.m., *Food Security for Children in Nogales*
 10 a.m., Sunday School
 10 a.m., Holy Eucharist
 11:15 a.m., Coffee Hour
 11:30 a.m., eYouth
 11:45 a.m., *Episcopal 101—For Everyone*
 11:45 a.m., *Identifying & Treating Depression*
7th 11 a.m., Memorial Service for Mary Louise McClelland
 7:30 p.m., Healing Touch Clinic
8th 6 p.m., **Shrove Tuesday/Mardi Gras**
 6:30 p.m., EfM Year 11 group
 7 p.m., Meditation group
9th **Ash Wednesday**
 7 a.m., Holy Eucharist
 9 a.m., Education for Ministry (EfM)
 5:30 p.m., Children/Youth Liturgy Outdoor
 7 p.m., Holy Eucharist
10th 9 a.m., Conversational French Class
 3 p.m., Healing Touch Clinic
 6 p.m., M3M
11th 9:30 a.m., Qigong class
 5:30 p.m., Prayers for Peace and Reconciliation
 6 p.m., Dinner and Movie, *Redemptive Style*
12th 8:30 a.m., Coffee at Epic Café
13th **First Sunday in Lent**
 8 a.m., Holy Eucharist
 9 a.m., Child Care
 9 a.m., *Will We See Our Animal Companions in Heaven?*
 10 a.m., Sunday School
 10 a.m., Holy Eucharist
 11:15 a.m., Coffee Hour
 11:30 a.m., eYouth
14th 7:30 p.m., Healing Touch Clinic
15th 6 p.m., Vestry meeting—open to all
 6 p.m., Evening Prayer & Eucharist

16th 7 p.m., Meditation group
 7 a.m., Holy Eucharist
 9 a.m., Education for Ministry (EfM)
 6 p.m., Global Chant
17th 6:30 p.m., Education for Ministry (EfM)
 9 a.m., Conversational French Class
 9:30 a.m., Write a Will Workshop
 3 p.m., Healing Touch Clinic
 6 p.m., M3M & 3rd Thursday Potluck
18th 9:30 a.m., Qigong class
 10 a.m., Community of Hope, Circle of Caring
 5:30 p.m., Prayers for Peace and Reconciliation
 6 p.m., Dinner and Movie, *Redemptive Style*
19th 8:30 a.m., Coffee at Epic Café
20th **Second Sunday in Lent**
 8 a.m., Holy Eucharist
 9 a.m., Child Care
 9 a.m., *Voluntary Simplicity*
 10 a.m., Sunday School
 10 a.m., Holy Eucharist
 11:15 a.m., Coffee Hour
 11:30 a.m., eYouth
21st 7:30 p.m., Healing Touch Clinic
22nd 6 p.m., Evening Prayer & Eucharist
 6:30 p.m., EfM Year 11 group
 7 p.m., Meditation group
23rd 7 a.m., Holy Eucharist
 9 a.m., Education for Ministry (EfM)
 6 p.m., Global Chant
 6:30 p.m., Education for Ministry (EfM)
24th 9 a.m., Conversational French Class
 3 p.m., Healing Touch Clinic
 6 p.m., M3M
25th 9:30 a.m., Qigong class
 5:30 p.m., Prayers for Peace and Reconciliation
 6:00 p.m., Dinner and Movie, *Redemptive Style*
26th 8:30 a.m., Coffee at Epic Café
 12 p.m., *Encounter the Holy through Icon Painting*
27th **Third Sunday in Lent**
Food Ministries Sunday
 8 a.m., Holy Eucharist with The Spirit Players drama
 9 a.m., Child Care
 9 a.m., *Voluntary Simplicity*
 10 a.m., Sunday School
 10 a.m., Holy Eucharist with The Spirit Players drama
 11:15 a.m., Coffee Hour
 11:30 a.m., eYouth
 11:45 a.m., Gong Bath
28th 7:30 p.m., Healing Touch Clinic
29th 6 p.m., Evening Prayer & Eucharist

30th 7 p.m., Meditation group
 7 a.m., Holy Eucharist
 9 a.m., Education for Ministry (EfM)
 6 p.m., Global Chant
 6:30 p.m., Education for Ministry (EfM)
31st 9 a.m., Conversational French Class
 3 p.m., Healing Touch Clinic
 6 p.m., M3M

Looking forward to April

1st 9:30 a.m., Qigong class
 5:30 p.m., Prayers for Peace and Reconciliation
 6 p.m., Dinner and Movie, *Redemptive Style*
2nd 8:30 a.m., Coffee at Epic Café
 12 p.m., *Encounter the Holy through Icon Painting*
3rd **Fourth Sunday in Lent**
 8 a.m., Holy Eucharist
 9 a.m., Child Care
 9:45 a.m., *Pancakes and Penitentials: Anglican Lenten Traditions*
 10 a.m., Sunday School
 10 a.m., Holy Eucharist
 11:15 a.m., Coffee Hour
 11:30 a.m., eYouth
4th 7:30 p.m., Healing Touch Clinic
5th 6 p.m., Evening Prayer & Eucharist
 7 p.m., Meditation group
6th 7 a.m., Holy Eucharist
 9 a.m., Education for Ministry (EfM)
 6 p.m., Global Chant
 6:30 p.m., Education for Ministry (EfM)
7th 9 a.m., Conversational French Class
 3 p.m., Healing Touch Clinic
 6 p.m., M3M
8th 9:30 a.m., Qigong class
 5:30 p.m., Prayers for Peace and Reconciliation
 6:00 p.m., Dinner and Movie, *Redemptive Style*
9th 8:30 a.m., Coffee at Epic Café
 12 p.m., *Encounter the Holy through Icon Painting*
 2 p.m., Father Steve Keplinger's Installation as Rector
10th **Fifth Sunday in Lent**
 8 a.m., Holy Eucharist
 9 a.m., Child Care
 9:45 a.m., *Pancakes and Penitentials: Anglican Lenten Traditions*
 10 a.m., Sunday School
 10 a.m., Holy Eucharist
 11:15 a.m., Coffee Hour
 11:30 a.m., eYouth
11th 7:30 p.m., Healing Touch Clinic
12th 6 p.m., Evening Prayer & Eucharist